



Presidents Council

Competition Preparation – Best Practices

Each month Presidents Council members join together for a conference call to discuss new programs and upcoming events. During this call Presidents Council members choose one subject to discuss and share their best and brightest ideas with all of Oregon FBLA. This month, Presidents Council members from across the state got together to discuss *competition preparation*.

If you are prepared to take your chapter to the next level, take note of these competition preparation tips, as compiled by the Presidents Council:

1. Get a good night sleep the night before your competition! This will ensure that you have a clear head and can focus on the competition at hand!
2. Look up practice tests online by searching on www.google.com
3. Be sure to eat a healthy breakfast the morning of your competition. No one wants to hear a growling stomach during a presentation or test!
4. Practice performance tests in front of advisers, teachers, parents, friends and anyone else that will listen to you and offer advice. The more people you practice in front of the more comfortable you will be the day of competition.
5. Memorize speeches by first writing out the entire speech, word for word, then move out to bullet points, then to keywords.
6. Plan a practice night at your chapter where students compete in a SBLC-like setting. Dress in business attire, invite judges to review speeches and reports, take tests, etc. Then host a mini-awards session afterwards, its fun!
7. Make a goal for practice tests; one test a week for the first three weeks of study, then two a week, then three, etc. Take tests as a group to make it more fun!
8. Take a class on the subject of your competition; accounting, entrepreneurship, intro to business, etc.
9. Plan group study nights and use www.fblatests.com as a resource
10. Work out a preparation schedule with your adviser and ask them to hold you accountable by asking for weekly progress reports.